



## ROTARY CLUB OF NORTH BETHESDA

Meeting on Fridays @ 7:30 AM  
Bethesda Marriott  
5151 Pooks Hill Rd., Bethesda MD 20814  
...and on Zoom  
Contact us at [nbrotary.org](http://nbrotary.org)  
**September 2023**



### UPCOMING MEETINGS AND EVENTS

Date	Speaker	Topic
September 8 Marriott/Zoom	Nick Martinez	3-Minute Speaker
	Michael Nardolilli	Potomac River Drought Planning
September 12	Visit to B-CC Rotary	
September 15 Marriott/Zoom	Dan Moore	3-Minute Speaker
	Maxwell Uy	Montgomery County's Sherrif's Office
September 22 Marriott/Zoom	Claes Ryn	3-Minute Speaker
	Allison Stearns	Caring Matters
September 27 Marriott	Happy Hour <b>Now on the last <i>Wednesday</i> of the month!</b>	
September 28	Visit to Metro Bethesda Rotary	

*Meetings are at the Bethesda Marriott and on Zoom*  
5151 Pooks Hill Rd., Bethesda MD 20814  
7:15 AM to 7:30 AM Mix and Mingle  
7:30 AM to 8:30 AM Meeting

### JULY/AUGUST MILESTONES

	Event	Date
Bob Fangmeyer	Birthday	September 3
John Waterston	Birthday	September 10
Kent Mason	Birthday	September 19
Gary Berg-Cross (Linda)	Birthday	September 23

**SPEAKER – SEPTEMBER 8, 2023 (Marriott/Zoom)****Potomac River Drought Forecasting****Michael Nardolilli, Executive Director****Interstate Commission on the Potomac River Basin**

This year's dry spring and summer months have led to a very low flow in the Potomac River, the main source of drinking water in the Washington area. With the flow near record lows, local governments in the Washington Area are moving forward on drought monitoring and planning using a system developed over the past several decades by the Interstate Commission on the Potomac River Basin (ICPRB). The Executive Director of ICPRB is **Michael Nardolilli**, our speaker for September 8.

Michael joined the ICPRB as its Executive Director on April 1, 2019. Previously, Mr. Nardolilli served as the Chairman of the Board of Directors of the Northern Virginia Regional Park Authority, President of the Arlington Outdoor Lab, Executive Director of the Montgomery Parks Foundation, President of the C&O Canal Trust, and President of the Northern Virginia Conservation Trust. Michael has a JD from the College of William & Mary and a BSFS from Georgetown University.

**SPEAKER – SEPTEMBER 15, 2023 (Marriott/Zoom)****Montgomery County's Sheriff's Office****Sheriff Maxwell C. Uy****Office of the County Sheriff**

**Sheriff Maxwell C. Uy** was initially elected as Montgomery County's 62nd Sheriff on November 8, 2022. He officially began his term on December 1, 2022. Sheriff Uy is the first Asian-American to hold the Office of Montgomery County Sheriff.

Prior to his election, Sheriff Uy spent over two years as Chief Deputy, directing every aspect of the daily operations of the Sheriff's Office. During his law enforcement career, Sheriff Uy rose through the ranks, serving in nearly every section of the Sheriff's Office.

Sheriff Uy was raised in Fremont, California. Shortly after graduating high school, he enlisted as an active-duty member of the U.S. Army. He ultimately relocated to the East Coast as a member of the U.S. Army's Old Guard 3rd US Infantry Regiment, before joining the Montgomery County Sheriff's Office as a deputy in 1994.

The Sheriff's Office is the oldest law enforcement agency in Montgomery County, Maryland having been established in July of 1777. The Maryland Constitution provides that the Sheriff be elected every four years and the Office comes under the Judicial Branch of Government. The Sheriff is therefore a State Constitutional Officer who functions autonomously from the Legislative and Executive branches of government.

## SPEAKER – SEPTEMBER 22, 2023 (Marriott/Zoom)

### Caring Matters!

Allison Stearns, Executive Director  
CaringMatters of Montgomery County



**Allison Stearns**, CEO of CaringMatters, has dedicated her career to the health and welfare of people across the lifespan. She has more than 30 years of experience in community and behavioral health and nonprofit leadership. Since 2014 when she joined CaringMatters (formerly Hospice Caring) as Executive Director, Allison has grown the organization's visibility and created effective community partnerships and strategic alliances within the public, private, and nonprofit sectors. During her tenure, the agency's hospice support and bereavement programs have expanded significantly, and CaringMatters has become a recognized leader for community education on topics related to serious illness, end-of-life, loss and grief, and advance care planning.

## BACKPACK BONANZA AUGUST 19

### Park Potomac Ice Cream Social for Charity



Several club members participated in the **15<sup>th</sup> annual Ice Cream Social for Charity** on Saturday, August 19<sup>th</sup> at Park Potomac's common area. The event featured a live band, amusements for the kids, food and vendor tables, and a big giveaway of door prizes.

North Bethesda Rotary donated 120 backpacks this year, and set up a booth that featured the club's new sign and a video presentation in cooperation with the Metro Bethesda Rotary club. Thanks to **John Waterston** for coordinating the backpacks and **Victoria Feldman** for supplying the booth tent, tables, and chairs. **Kevin Flynn** designed the sign, which we're also using outside our meeting site at the Pooks Hill Marriott.

**Left: Joseph Eyong, the Field and Community Outreach representative** from our Congressman Jamie Raskin's office, stands next to our table at the Park Potomac Ice Cream Social for Charity. He congratulated our club for donating 120 backpacks and school supplies to Interfaith Works, for distribution to needy families in Montgomery County.

## Business of the Year Award to Levine School of Music



On Monday, August 21, Club Secretary **Linda Berg-Cross** presented our club's "Business of the Year" award to **Levine School of Music** at their Strathmore location. The Levine School serves communities across the DC area with campuses in Strathmore, Silver Spring, NW DC, THEARC in SE DC, Arlington, and Falls Church as well as a virtual campus for students studying online. Students of all ages and skill levels study nearly every instrument you can imagine.

**Levine's Music Therapy** program serves more than 300 children and adults with physical and cognitive impairments, including Down syndrome, autism spectrum disorders, and dementia. Services are provided at all campuses and in partnership with organizations across the region, including Sitar Arts Center, Montgomery County schools, DC Public Schools, senior living centers, and centers for developmentally disabled adults. Other community service efforts of Levine include:

- **Levine's Tuition Assistance** program serves hundreds of students each year at a cost to Levine of \$600,000, with students receiving need-based tuition assistance averaging \$1500 per student, representing an 80% subsidy.
- Through its **First Music community engagement program**, Levine provides free or 80% subsidized weekly instruction to approximately 200 students at partnership sites, equipping students at a pivotal age with the vital cognitive skills necessary to achieve academic success in early grade school and beyond as they begin their academic journey.
- Levine annually holds 200 **free or low-cost events** open to the public including community events like our "MusicalTeas" and "Community Sings"
- During the 2021-22 school year, Levine visited six distinct schools across the region, with return visits in the fall and spring, to perform a **free strings presentation** showcasing the Levine faculty and introducing students to the cello.



At the August club board meeting, it was decided to move the Final Friday **Happy Hour** to...the last Wednesday of the month! Friday afternoons proved a bit too complicated for many of our members.

We're hoping to see you **September 27** between 4 and 6 PM in the bar area of Cooper's Mill restaurant in the Bethesda Marriott, where we normally meet, to catch up on the latest Rotary news and fellowship.



**DISTRICT AND NEIGHBORING CLUB EVENTS**

**Rotary**  
District 7620  
presents  
**Youth Mental Health Summit 2023**  
**September 9**  
**9 AM - 2 PM**  
All Maryland and DC students are invited  
\*community service credit to those who attend  
**Free Admission**

- School Supplies
- Mental Health Seminars
- Vendors
- Breakfast and Lunch Provided



10901 Little Patuxent Pkwy

*September 7—Rockville Rotary's Watts Branch Watershed Protection Project*

*September 7—BCC Rotary Happy Hour at the BabyCat Brewery in Kensington*

**MEMBERSHIP SUMMIT**

**October 14, 2023 | 10:00AM-3:00PM**  
The Meeting House | Columbia, MD  
Register at [bit.ly/7620membershipsommit2023](https://bit.ly/7620membershipsommit2023)



**CLUB SPEAKER COORDINATORS**

***The Club needs your help!***  
***Please confirm your commitment to provide 30-minute speakers for the months ahead.***  
***Many thanks to those who've already volunteered.***

MONTH / (No. of Speakers)	SPEAKER COORDINATORS
September 2023 (3)	Steve Vaccarezza
October 2023 (3)	Ron Sigelman
November 2023 (3)	Linda Berg-Cross
December 2023 (3)	Dan Moore

## THE ROTARY 4-WAY TEST

Of the things we think, say, or do:

***Is it the TRUTH?***  
***Is it FAIR to all concerned?***  
***Will it build GOODWILL and BETTER FRIENDSHIPS?***  
***Will it be BENEFICIAL to all concerned?***

### ROTARY CLUB OF NORTH BETHESDA 2023-2024 OFFICERS AND DIRECTORS

<b>President</b>	John Waterston	
<b>Past President</b>	Steve Vaccarezza	
<b>Treasurer</b>	Joe DiPietro	
<b>Secretary</b>	Linda Berg-Cross	
<b>President-Elect</b>	Kevin Flynn	
<b>Club Administration Director</b>	Paul Arveson	Chairs the Club Administration committee which is responsible for performing the logistical tasks related to club meetings.
<b>Membership Director</b>	Steve Vaccarezza and Ron Sigelman	Chairs the Membership committee which is developing and implementing an action plan to attract and engage members.
<b>Public Relations Director Committee Member</b>	Kevin Flynn Christine Syversen	Chairs the Public Relations (PR) committee which is responsible for developing and implementing a plan to create awareness of club activities and projects among club members, media, and the community.
<b>President, Rotary Charitable Foundation of North Bethesda</b>	Nick Martinez	
<b>Treasurer, Rotary Charitable Foundation of North Bethesda</b>	Kevin Flynn	