



ROTARY CLUB OF NORTH BETHESDA
 Meeting on Fridays @ 7:30 AM
 Bethesda Marriott
 5151 Pooks Hill Rd., Bethesda MD 20814
 ...and on Zoom
 Contact us at nbrotary.org
March 2023



UPCOMING MEETINGS AND EVENTS

Date	Speaker	Topic
March 3 Marriott/Zoom	Ron Sigelman	3-Minute Speaker
	Ginger Moodie-Woodward, Josiah Henson Museum and Park	Josiah Henson: The Man and The Museum
March 10 Marriott/Zoom	Bruce Fowler	3-Minute Speaker
	Jessica Foley	Curing with Sound
March 17 Marriott/Zoom	Kent Mason	3-Minute Speaker
	Paul Chan	What Informed Citizens Should Know About Climate Change
March 24 Marriott/Zoom	Nick Martinez	3-Minute Speaker
	Ken Silverstein	The Mission of Friends Club & Senior Care Options in MoCo
March 31 No Morning Meeting	HAPPY HOUR – Bring Family/Friends/Prospective Members 5 PM in NB Rotary Meeting Room at Bethesda Marriott	

Meetings are at the Bethesda Marriott and on Zoom
 5151 Pooks Hill Rd., Bethesda MD 20814
 7:15 AM to 7:30 AM Mix and Mingle
 7:30 AM to 8:30 AM Meeting

MARCH MILESTONES

Member/Spouse	Event	Date
Vigdis Syversen (Lasse)	Birthday	March 1
Wanda Fangmeyer (Bob)	Birthday	March 27

SPEAKER – MARCH 3, 2023 (Marriott/Zoom)**Josiah Henson: The Man and The Museum****Ginger Moodie-Woodward**

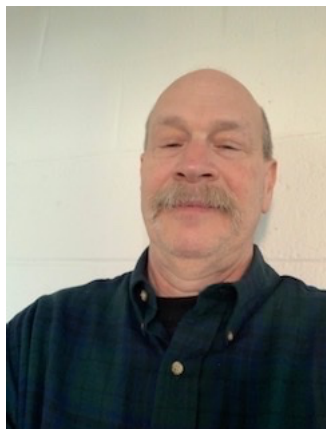
Ginger Moodie-Woodward has served as both a docent and a staff member at Josiah Henson Museum and Park since September 2021. She has a BA in History and French from the University of Wisconsin, and an MA in Linguistics from Indiana University. She is currently pursuing a second master's degree in Museum Studies at Harvard Extension School. Prior to joining Montgomery Parks, she taught Social Studies and English at the French International School in Bethesda for over 20 years. A fun fact about Ginger is that in 1993 she was awarded a scholarship by the Rotary Club of New Orleans to study Education at the University of Geneva in Switzerland for a year. She is a big Rotary fan!

SPEAKER – MARCH 10, 2023 (Marriott/Zoom)**Curing with Sound****Jessica Foley**

Jessica Foley, PhD is Managing Director and Chief Scientific Officer for the Focused Ultrasound Foundation, whose mission is to accelerate the development and adoption of focused ultrasound, a breakthrough noninvasive therapeutic medical technology. Dr. Foley guides strategy, development, and implementation of scientific and research programs for the Foundation, and aligns these with business operations, communications, and development activities. She leads alliance-building efforts with external stakeholders including governmental policymakers, regulatory agencies, and disease-specific foundations whose interests are complementary to those of the Foundation. She is a spokesperson and advocate for the Foundation and the focused ultrasound community among a wide variety of stakeholders. Prior to the Foundation she spent several years in the medical device industry (Insightec, Medtronic) and was a AAAS Science and Technology Policy Fellow at the National Science Foundation. She holds a BSE in Biomedical Engineering from Duke University and a PhD in Bioengineering from the University of Washington.

SPEAKER – MARCH 17, 2023 (Marriott/Zoom)**What Informed Citizens Should Know About Climate Change****Paul Chan**

Paul has a PhD and MS in atmospheric science concentrating in climate. He conducted climate research and was the director of NASA Goddard Earth Science Data Center. He developed an approach for agricultural vulnerability assessment at USDA and was chief information officer for the National Weather Service, where he developed a solution for flood hazard-risk reduction. He is currently retired.

SPEAKER – MARCH 24, 2023 (Marriott/Zoom)**The Mission of Friends Club & Senior Care Options in MoCo****Ken Silverstein, Executive Director, Friends Club**

Ken Silverstein currently serves as Executive Director of Friends Club located in Bethesda, Maryland. Friends Club is a nonprofit social club serving men with early to mid-stage memory loss. In addition, it provides respite for the caregivers of its members.

Ken has served in a variety of roles in the nonprofit community. His expertise is in marketing and business development. During his over 40 years of working with nonprofits he became involved with an organization providing volunteers to nursing homes. This path led Ken to working for a local assisted living group of homes where he worked with families to help navigate the long-term care process.

Ken will speak on the mission of Friends Club and highlighting the many provider services available here in Montgomery County that serve the senior care market. He serves on the board of directors of the professional organization GROWS (Grass Roots Organization for the Well-Being of Seniors).

Speakers for March coordinated by Nick Martinez.

Rotary Charitable Foundation of North Bethesda Update*Club Fundraising Raises Foundation Resources***By Kevin Flynn, Foundation Treasurer**

Our club's foundation, known as the Rotary Charitable Foundation of North Bethesda, has been growing. Currently, the bank balance is slightly less than \$20,000--last year at this time, the balance was around \$14,000. We've been able to increase the balance thanks to some generous contributions from friends of Rob Follit, as well as successful fundraisers for our backpack program, our Thanksgiving donations, and the Christmas ornament sales.

In memory of Rob Follit, we have raised nearly \$3,000. Rob's wife Jane asked that donations be made the Foundation, and we have received 16 donations ranging from \$20 to \$1000. We appreciate the donations and will be thanking the donors with a letter in the next few weeks as well as sending a notification to Jane.

The **Christmas ornament sale** was successful, thanks to Carmela and her family. We sold 95 ornaments at \$25 each and netted about \$600 for the Foundation as a result. We are going to miss Carmela, who revitalized the Foundation and helped get our bank account straight. Carmela also was working on getting an online donation program to work through the NB Rotary website.

In some separate fundraising efforts, we raised \$450 for **Thanksgiving meals** coordinated by Dan Moore. We actually have about \$100 left over from that effort, which we spent about \$350 on.

Our **backpack program** last fall was also successful. Thanks to Joh Waterston for coordinating that. This year we are hoping to get a sales tax exemption from the State of Maryland. That will also help with the Christmas ornament sales.

We also were able to give out one **scholarship** to Lexus Soumahoro, a worthy candidate who is attending the UMBC at Shady Grove. We had another candidate selected for a scholarship, but he decided not to return to school this year.

- We still have a considerable amount of funds available for scholarships. Some of these have been on the books for several years.
- We have funds available for donations to Rotary International, to help meet our quota to qualify for RI grants.
- We also have funds available for our own projects to match the grant projects that require matching funds.

Our new chairman is **Nick Martinez**. As per the Foundation bylaws, the immediate Past President of the club becomes the Chairman of the Foundation on the January of the following year. So the President leaves office in July, then has 6 months off before becoming chair of the foundation. We're hoping for a great new year! Nick, by the way, ran a successful "popup" fundraiser last summer for the Kentucky Derby. We're hoping he'll continue the good efforts!

Rotary Charitable Foundation of North Bethesda
Quarterly Report – Q2 2022-2023
October 1, 2022 – December 31, 2022

Quarter 2 Summary

	Start Q2	Increase/Decrease	End Q2
Unrestricted Funds	\$ 9,356.00	\$ 3,083.14	\$ 12,439.14
Restricted Funds	\$ 5,521.46	\$ 0.00	\$ 5,521.46
Total Foundation Funds	\$ 14,877.46	\$ 3,083.14	\$ 17,960.60

Foundation Activities

Holiday Ornaments Fundraiser

- \$894.35 in Payments Received in November
- \$1,331.65 in Payments Received in December
- ~~(\$1,726.86)~~ Expenses Paid in December
- \$499.14*** Raised for Foundation During Q2 (See Note)

Rob Follit Memorial Contributions

- \$1,761.00 Received in December
- \$1,761.00**** Raised for Foundation During Q2 (See Note)

Other Activities

- \$450 raised for Thanksgiving Meals
- \$166 Unrestricted Contributions Received in October
- \$187 Unrestricted Contributions Received in November
- \$20 Unrestricted Contributions Received in December
- \$823.00***** Raised for Foundation During Q2 (See Note)

Unrestricted Funds
 Increased by **\$3,083.14** in
 Quarter 2

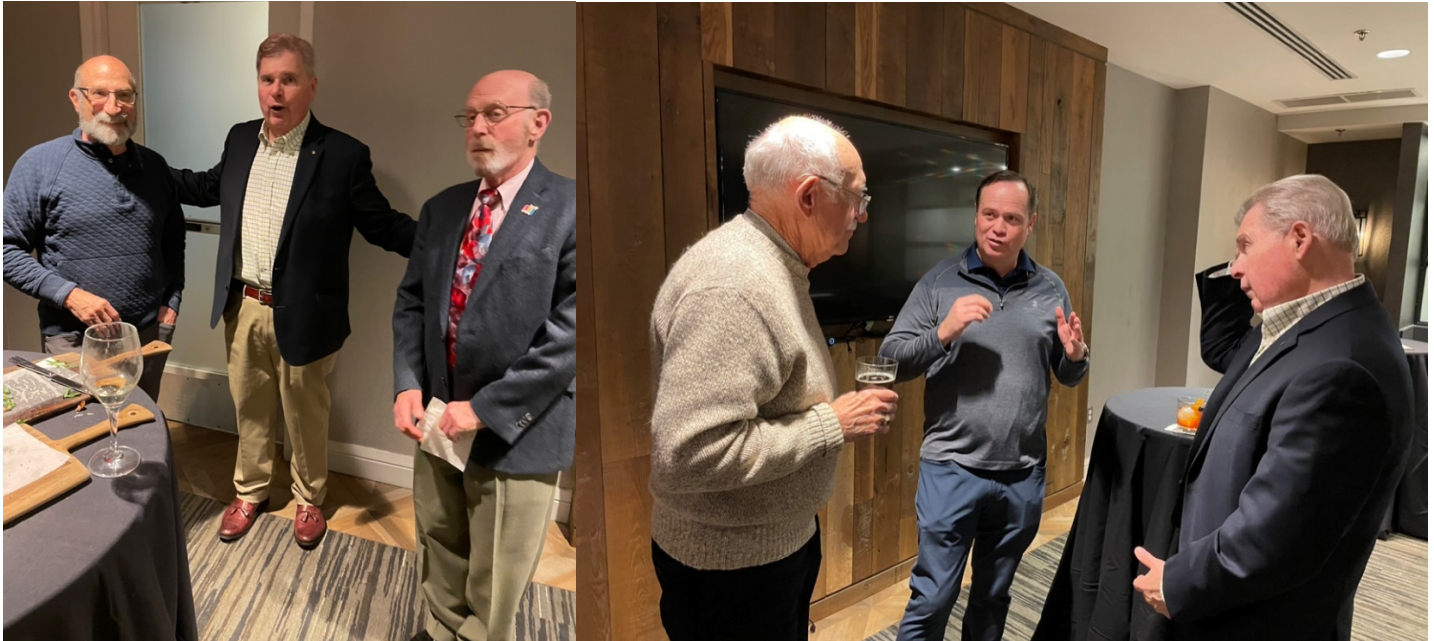
*Note: \$124.75 in additional Holiday Ornament Revenue Received/Deposited in January 2023 + \$75.00 expected. Expected fundraiser total amount raised: **\$698.89** (1/26/23)

Several more Follit Memorial Contributions made in January 2023 - will bring total funds raised to at least **\$2,280 (1/26/23)

***Thanksgiving expense pending as of End Q2

Quarterly Report summary prepared by Dan Flynn. For a copy of the complete report, contact Foundation Treasurer Kevin Flynn.

HAPPY HOUR – February 24th at BETHESDA MARRIOTT



CLUB SPEAKER COORDINATORS

The Club needs your help!
Please volunteer to provide speakers for the months from March 2023 onward!
Linda's proposed speaker coordinators are shown in red below. Please let Linda know if you confirm, change or decline.
Many thanks to those who've already volunteered.

MONTH / (No. of Speakers)	PROVIDING SPEAKERS [? = Volunteers needed!]
April 2023 (2)	Kent Mason
May 2023 (3)	Claes Ryn
June 2023 (4)	Paul Arveson
July 2023	?
August 2023	?
September 2023	?

DISTRICT 7620 ACTIVITIES



The Rotary 7620 INNOVATOR
 District Newsletter
 Dr. Sean McAlister, District Governor 2022-2023

Rotary District 7620

You can access our District Newsletter here: [The Rotary 7620 INNOVATOR](#)



For more information on Rotary District 7620, go to <https://rotary7620.org>.
 The 7620 District Conference takes Montgomery County! Join District Governor, Dr. Sean McAlister, and your fellow Rotarians for a weekend of fun, learning, and collaboration. This year's program will include the opportunity to



Registration portals for all activities for DISCON are now open. To see more information on these activities, select the link beside the activity or open the event calendar.

To Register for the Conference
[DISCON Registration](#)

Rotarians / Guests	\$270.00
Rotaractors (Sat. only)	\$ 60.00
RLI Participants	\$100.00

To Reserve a **Hotel Room** at the [Hyatt](#) [HOTEL Reservation](#)

ROTARY CLUB OF NORTH BETHESDA 2022-2023 OFFICERS

President	Steve Vaccarezza	
Treasurer	Joe DiPietro	
Secretary	Linda Berg-Cross	
President-Elect	John Waterston	
Club Administration Director	Paul Arveson	Chairs the Club Administration committee which is responsible for performing the logistical tasks related to club meetings.
Club Service Director	Victoria Feldman	Chairs the Service Projects committee which is responsible for planning and carrying out successful service projects which focus on Rotary's Areas of Service.
Membership Director	Ron Sigelman	Chairs the Membership committee which is developing and implementing an action plan to attract and engage members.
Public Relations Director Committee Member	Kevin Flynn Christine Syversen	Chairs the Public Relations (PR) committee which is responsible for developing and implementing a plan to create awareness of club activities and projects among club members, media, and the community.
President, Rotary Charitable Foundation of North Bethesda	Nick Martinez	
Treasurer, Rotary Charitable Foundation of North Bethesda	Kevin Flynn	