



ROTARY CLUB OF NORTH BETHESDA
 Meeting on Fridays @ 7:30 AM
 Bethesda Marriott
 5151 Pooks Hill Rd., Bethesda MD 20814
 ...and on Zoom
 Contact us at nbrotary.org
February 2023



UPCOMING MEETINGS AND EVENTS

Date	Speaker	Topic
February 3 Marriott/Zoom	Kent Mason	3-Minute Speaker
	Charles S. Burrall	Captured by the Russians – A True Story
February 10 Marriott/Zoom	Linda Berg-Cross	3-Minute Speaker
	Cathy Higgins, Volunteer Coordinator, Nourishing Bethesda	Food Insecurity in Montgomery County
February 17 Marriott/Zoom	Kevin Flynn	3-Minute Speaker
	Curtis M. Dalpra, Communications Manager, Interstate Commission on the Potomac River Basin	Water Supply Issues in the Washington Area
February 24 No Morning Meeting	HAPPY HOUR – Bring Family/Friends/Prospective Members 5 PM in NB Rotary Meeting Room at Bethesda Marriott	

*Meetings are at the Bethesda Marriott and on Zoom
 5151 Pooks Hill Rd., Bethesda MD 20814
 7:15 AM to 7:30 AM Mix and Mingle
 7:30 AM to 8:30 AM Meeting*

FEBRUARY MILESTONES

Member/Spouse	Event	Date
Tas Tousimis	Birthday	February 13
Kevin Flynn	Birthday	February 18

SPEAKER – FEBRUARY 3, 2023 (Marriott/Zoom)

Captured by the Russians – A True Story

Charles S. Burrall



Charles Burrall was raised in upstate New York and graduated from St. Lawrence University in 1976 with a B.A. in English. He lived eight years in Alaska where he worked as a commercial fishing deckhand and ship's steward in the U.S. Merchant Marine. He is a retired high school English teacher who taught for twenty-five years at Seneca Valley High School in Montgomery County, Maryland. While in Alaska, Mr. Burrall worked on a freighter that was seized by the Soviet Union and taken captive to Siberia. He has written a book about the experience.

Before entering his teaching career, he worked at a variety of jobs, including restaurants, construction crews, canneries, and fishing boats. He traveled widely in the United States, Mexico, Europe, and the Middle East before coming to Maryland, where he currently volunteers in the jail ministry of his church, preaching and conducting church services for inmates at the Frederick County Detention Center.

SPEAKER – FEBRUARY 10, 2023 (Marriott/Zoom)

Food Insecurity in Montgomery County

Cathy Higgins, Volunteer Coordinator, Nourishing Bethesda



Food insecurity is defined as a lack of consistent access to enough food for an active, healthy life. Parts of Bethesda suffered food insecurity at rates up to 16 percent. Since March 2020, this number has increased by more than 35 percent. In 2021, North Bethesda Rotary joined the Nourishing Bethesda coalition to assist with a food delivery program. Since then, the program has evolved into an appointment-based food distribution system involving more than 300 families in Montgomery County.

Cathy Higgins began volunteering with Nourishing Bethesda in 2021. She currently serves as Nourishing Bethesda's Volunteer Coordinator, while also working on community partnerships and communications. She retired in 2021 as a Federal Senior Executive with 36 years of service working on national security issues. Cathy and her husband Jim have lived in North Bethesda for over 30 years and have two adult children.

SPEAKER – FEBRUARY 17, 2023 (Marriott/Zoom)

Water Supply Issues in the Washington Area

Curtis M. Dalpra, Communications Manager, Interstate Commission on the Potomac River Basin



With the Western United States battling the most severe drought in thousands of years and states and cities facing water restrictions and shortages, local leaders are looking closely at their water resources. The Potomac River is the source of water for most of the Washington area, and the Interstate Commission on the Potomac River Basin (ICPRB), based in Rockville, plays a key role in managing the region's water supply.

Curtis Dalpra, Communications Manager for ICPRB has directed the agency's public affairs and outreach efforts since 1995. He manages ICPRB's Communications Unit, responsible for the agency's public persona and fulfilling the Compact goal of outreach to the public to educate about Potomac River issues and to promote public stewardship.

He has worked closely with the ICPRB administration to educate decision-makers about ICPRB and to build both popular and political support for the agency and the Potomac River. He has been heavily involved in ICPRB's recent efforts to ensure that the ICPRB membership is well-informed about the value the Commission brings to the basin and its jurisdictions.

Speakers for February coordinated by Kevin Flynn.

NORTH BETHESDA ROTARY FOUNDATION UPDATE

Remembering Rob Follit

More than a dozen friends, family members, and Rotarians have contributed to our Rotary Charitable Foundation of North Bethesda in memory of club member **Rob Follit**, who passed away suddenly in late December.

Rob's wife Jane suggested that donations be made to the Foundation in lieu of flowers. As of mid-January, contributions of more than \$2500 have been made. We'll be notifying Jane and sending acknowledgments to all contributors in early February.

Anyone wishing to make additional contributions to the Rob Follit fund, please send checks to the Rotary Charitable Foundation of North Bethesda, Kevin Flynn, Treasurer, 9019 Spring Hill Lane, Chevy Chase MD 20815.

CHRISTMAS ORNAMENT SUCCESS



Our **White House Ornament** fundraiser ended successfully in December, with the sale of 95 ornaments for 2022 and several left-over ornaments from last year. With a substantial discount from the White House Historical Association, we were able to raise more than \$600 for the club Foundation.

The 2022 White House Ornament, a rendering of the White House as a gingerbread house, was quite popular this year, especially when people opened the box and noticed the distinct aroma of gingerbread. Thanks to all for participating—our club has sold these ornaments for more than 15 years.

Recent fundraisers and contributions have put the Foundation in a solid position for 2023. We'll have a year-end report for 2022 in the next club newsletter.

CLUB SPEAKER COORDINATORS

The Club needs your help!

Please volunteer to provide speakers for the months from March 2023 onward!

Linda's proposed speaker coordinators are shown in red below. Please let Linda know if you confirm, change or decline.

Many thanks to those who've already volunteered.

MONTH / (No. of Speakers)	PROVIDING SPEAKERS [Proposed]
September	Kevin Flynn
October	Ron Sigelman
November	Linda Berg-Cross
December	Carmela Carr
January 2023 (3)	Linda Berg-Cross
February 2023 (3)	Kevin Flynn
March 2023 (4)	Nick Martinez
April 2023 (2)	Kent Mason
May 2023 (3)	[Claes Ryn?]
June 2023 (4)	[Paul Arveson?]



Rotary
District 7620

You can access our District Newsletter here: [The Rotary 7620 INNOVATOR](#)

For more information on Rotary District 7620, go to <https://rotary7620.org>.

DISTRICT GRANTS

District 7620 Grant Guidelines

The window for grant applications submission for Rotary Year 2022-2023 is March 1, 2023 – May 31, 2023; grant application submissions received after that date are unlikely to be funded.

- Grants applications submission are only acceptable electronically via DACdb Grants Module
- The Club President and Club Foundation Chair (during the year the grant is approved) (or a designated appointee, who will be involved with the management of the grant) **must** attend grant management and qualification training arranged by the District and maintain a trained member for the term of the grant.
- For a Grant Applicant to be eligible to receive DDF funding, the TRF's "Club Foundation Analysis Report" must reflect by June 30, 2023 the below accomplishments:
 - \$120 per capita minimum of club membership total giving to the Annual Fund.
 - 50% of club members contribute \$25 to the Annual Fund.
 - 50% of club members are a Paul Harris Fellow.
- Club with approved grants will receive 50% of their grant money upon review and approval of the project; the remaining 50% will be paid upon the completion of all report requirements of the project.

[GRANT MOU 2022-23](#)

[GRANT APPLICATION REVIEW GUIDELINES](#)

2022-23 DISTRICT GRANT DETAILS

How to Access Grant Module

- Login to DACdb
- Select My Club (at the top bar)
- Click icon Club Grants
- Select Grants Navigation (on the left)
- Select Admin
- Click Club Signature (please add at least one signature)
- Go to Club Grant View (on the left under Grant Navigation)
- Finally, go to New Club Grant Request – Click Here to Create Grant

For any technical questions regarding Grants Module, please contact: admin@rotary7620.org

DACdb Support--Email: support@dacdb.com; phone: 720-504-7300

Barbara Jean Chamberlain-Skinner
District Grants Chair

ROTARY CLUB OF NORTH BETHESDA 2022-2023 OFFICERS

President	Steve Vaccarezza	
Treasurer	Joe DiPietro	
Secretary	Linda Berg-Cross	
President-Elect	John Waterston	
Club Administration Director	TBD	Chairs the Club Administration committee which is responsible for performing the logistical tasks related to club meetings.
Club Service Director	Victoria Feldman	Chairs the Service Projects committee which is responsible for planning and carrying out successful service projects which focus on Rotary's Areas of Service.
Membership Co-Directors	Ron Sigelman Vacant	Chairs the Membership committee which is developing and implementing an action plan to attract and engage members.
Public Relations Director Committee Member	Kevin Flynn Christine Syversen	Chairs the Public Relations (PR) committee which is responsible for developing and implementing a plan to create awareness of club activities and projects among club members, media, and the community.
President, Rotary Charitable Foundation of North Bethesda	Carmela Carr	
Treasurer, Rotary Charitable Foundation of North Bethesda	Kevin Flynn	