



ROTARY CLUB OF NORTH BETHESDA
 Meeting on Fridays @ 7:30 AM
 Bethesda Marriott
 5151 Pooks Hill Rd., Bethesda MD 20814
 ...and on Zoom
 Contact us at nbrotary.org
October 2022



UPCOMING MEETINGS AND EVENTS

Date	Speaker	Topic
October 7 Marriott/Zoom	Nick Martinez	3-Minute Speaker
	Larry Heilman, Bethesda Rotary Club	Mexico –Our Most Important Neighbor? Our Biggest Problem?
October 14 Marriott/Zoom	Kent Mason	3-Minute Speaker
	Nick Martinez, Rotary Club of North Bethesda	What’s Going On In the Financial Markets?
October 21 Marriott/Zoom	Dan Moore	3-Minute Speaker
	Paul Arveson, North Bethesda Rotary Club	The Solar Mothers of Oaxaca, Mexico
October 28 Marriott/Zoom	Claes Ryn	3-Minute Speaker
	Claes Ryn, North Bethesda Rotary Club	American Constitutionalism: Then, Now and In the Future

All meetings are at the Bethesda Marriott and on Zoom
 5151 Pooks Hill Rd., Bethesda MD 20814
 7:15 AM to 7:30 AM Mix and Mingle
 7:30 AM to 8:30 AM Meeting

OCTOBER MILESTONES

	Event	Date
John & Lily Waterston	Anniversary	October 4
Mary Fowler (Bruce)	Birthday	October 11
Carmen DiPietro (Joe)	Birthday	October 18
Betsy Flynn (Kevin)	Birthday	October 19
Dave Fitzwilliam	Birthday	October 21

SPEAKER – OCTOBER 7, 2022

Mexico – Our Most Important Neighbor? Our Biggest Problem?**Larry Heilman, Bethesda Rotary Club**

Larry Heilman is currently a Research Associate in the Anthropology Department at the Smithsonian's Natural History Museum. His research focus is the U.S. Government's development assistance program in Latin America. He wrote *USAID in Bolivia, Partner or Patron*, published by First Forum Press. He has taught a course on Latin American cultural development at Montgomery College, University of Maryland, Johns Hopkins and the Institute for Learning in Retirement, affiliated with American University.

In 1998-99, Larry was resident technical advisor for monitoring and evaluation for a local government project funded by the Agency for International Development (USAID) in Poland. Previously, he was a Director of Management Systems International, where he managed development activities, including articulating strategic plans for USAID field missions in Asia, Africa and Latin America. For 20 years before that, Larry was a Senior Foreign Service Officer with USAID. He planned, implemented and evaluated development programs in Africa, Asia and Latin America. His particular interests were in planning and managing rural development, nutrition improvement and disaster recovery. During that time, he was posted to Bolivia, Nepal, Bangladesh and Burkina Faso. Larry has a Ph.D. in History from American University, an M.A. from the University of California at Berkeley and a B.A. from the University of Florida at Gainesville. He served in the U.S. Marine Corps.

SPEAKER – OCTOBER 14, 2022 (Marriott/Zoom)

What's Going On In the Financial Markets?**Nick Martinez, Rotary Club of North Bethesda**

North Bethesda Rotary Club's own Nick Martinez, our recent past President, is a financial adviser in the Bethesda branch of Edward Jones. Nick will speak to us about the recent volatility in the world's financial markets and how to respond constructively to these developments.

Here's an excerpt from Nick's writeup on the Edward Jones website:

"As an Edward Jones financial advisor, I believe it's important to invest my time to understand what you're working toward before you invest your money. It's also important to understand the level of risk you're comfortable accepting when investing so we can balance it with the steps necessary to reach your long-term goals. Whether you're planning for retirement, saving for college for children or grandchildren, or just trying to protect the financial future of the ones you care for the most, we can work together to develop specific strategies to help you achieve your goals. We can also monitor your progress to help make sure you stay on track or determine if any adjustments need to be made. Throughout it all, we're dedicated to providing you top-notch client service."

SPEAKER – OCTOBER 21, 2022 (Marriott/Zoom)**The Solar Mothers of Oaxaca, Mexico****Paul Arveson, North Bethesda Rotary Club**

Oaxaca, in southern Mexico, was the home of the Mixtec and Zapotec cultures. They blessed the world with corn, chocolate, vanilla, tomatoes, squash and many kinds of chili peppers! So today the women of Oaxaca know how to cook many delicious dishes. However, the indigenous population in Oaxaca state lives in poverty. We are preparing a proposal for Rotary to transform lives of women in Oaxaca using solar cookers. These simple devices use no fuels, have no emissions, and require hardly any labor time. This frees the women's time for child care, education and employment. This talk will show examples of how women are using solar cookers in Oaxaca.

Paul has always had an interest in energy and environmental issues. In his retirement, he decided to focus his efforts in solar cooking, which is not a crowded field. He joined a small local nonprofit called Solar Household Energy, which has been developing solar cookers and managing field projects for over 20 years all around the world.

Paul's work has focused on the more technical aspects of solar cooker testing and research. This work has expanded his awareness of the needs of cooks, who are mostly women, to have better alternatives. Paul joined his local Rotary Club in 2017 and currently serves to support the zoom meetings and videos of their weekly meetings.

Paul has a BS in Physics and an MS in and Computer Systems Management. He served as a civilian employee in the Navy, where he conducted research projects in acoustics and oceanography. Later he worked as a technology contractor for various government agencies. In 1998 Paul co-founded a strategic management consulting firm.

SPEAKER – OCTOBER 28, 2022 (Marriott/Zoom)**American Constitutionalism: Then, Now and In the Future****Claes Ryn**

Club Member Claes G. Ryn is the Founding Director of the Center for the Study of Statesmanship at the Catholic University of America (C.U.A.), where he has also been Professor of Politics. He was Chair of his department for six years. He has taught also at Georgetown University, the University of Virginia, and Louisiana State University. He was a doctoral and undergraduate student at Uppsala University in his native Sweden. His teaching and research have combined study of ethics, culture, epistemology, and the history of Western political thought with study of American political thought, U.S. foreign policy, and international relations. He is Editor of the scholarly journal *Humanitas*. Claes was Chairman and co-founder of the National Humanities Institute, President of the Academy of Philosophy and Letters, and President of the Philadelphia Society. He has lectured widely in the United States, Europe, and Asia, especially China. A frequent visitor to China, he gave the Distinguished Foreign Scholar Lectures at Peking University in 2000. These lectures were published as a book in Chinese translation by Peking University Press in 2001. In 2012 he was named

Honorary Professor at Beijing Normal University. Three of his books and many of his articles have been published in China in Chinese translation. He is an Honorary Member of Sweden’s oldest and largest student association, Heimdal, at Uppsala University.

Speakers for October coordinated by Ron Sigelman.

Our Club needs your help! Please volunteer to provide speakers for the months from January 2023 onward! Many thanks to those who’ve already volunteered. Contact Linda for details.

MONTH	PROVIDING SPEAKERS
September	Kevin Flynn
October	Ron Sigelman
November	Linda Berg-Cross
December	Carmela Carr
January 2023	?
February 2023	?

UPCOMING DISTRICT 7620 EVENTS

District Foundation Luncheon | Nov 6th
 By Mandy Warfield Granger



For over 100 years, The Rotary Foundation has changed lives both close to home and around the world by tackling our most pressing humanitarian challenges. The clubs within District 7620 commit each year to support the foundation, enabling even more service projects to create a greater impact in our communities.

[Read More](#)

The 2023 ROTARY INTERNATIONAL CONVENTION

[The 2023 Rotary International Convention](#) will be held in Melbourne, Australia from May 27-

31,2023. District 7620 negotiated with Rotary International to secure a block of hotel rooms in the [Langham, Melbourne Hotel](#), located 0.8 miles from the Convention Center.


Make a reservation for a two-night stay in a Superior Room.

Room rates for a two-night stay are \$582.00 USD for a room with one bed and \$619.00 USD for a room with two beds.

This deposit ensures:

- Minimum two night stay at the Langham, Melbourne Hotel
- Reservation coordination by D7620
- Significantly discounted room rates at a 5 star hotel that is endorsed by the Rotary International Convention and D7620
- Complimentary shuttle transportation between the hotel and the Convention Center
- Free Wi-Fi
- Assistance with concerns about the hotel or reservations

Deposit Deadline - The deadline to make a reservation for a room within the D7620 room block is **Friday, October 21, 2022**.

 [Register NOW](#) for a room in D7620's room block for the 2023 RI Convention to be held in **Melbourne, Australia**.

Questions? Email Dawn Wittfelt at dawn.wittfelt@gmail.com or phone her at 443-244-7799.

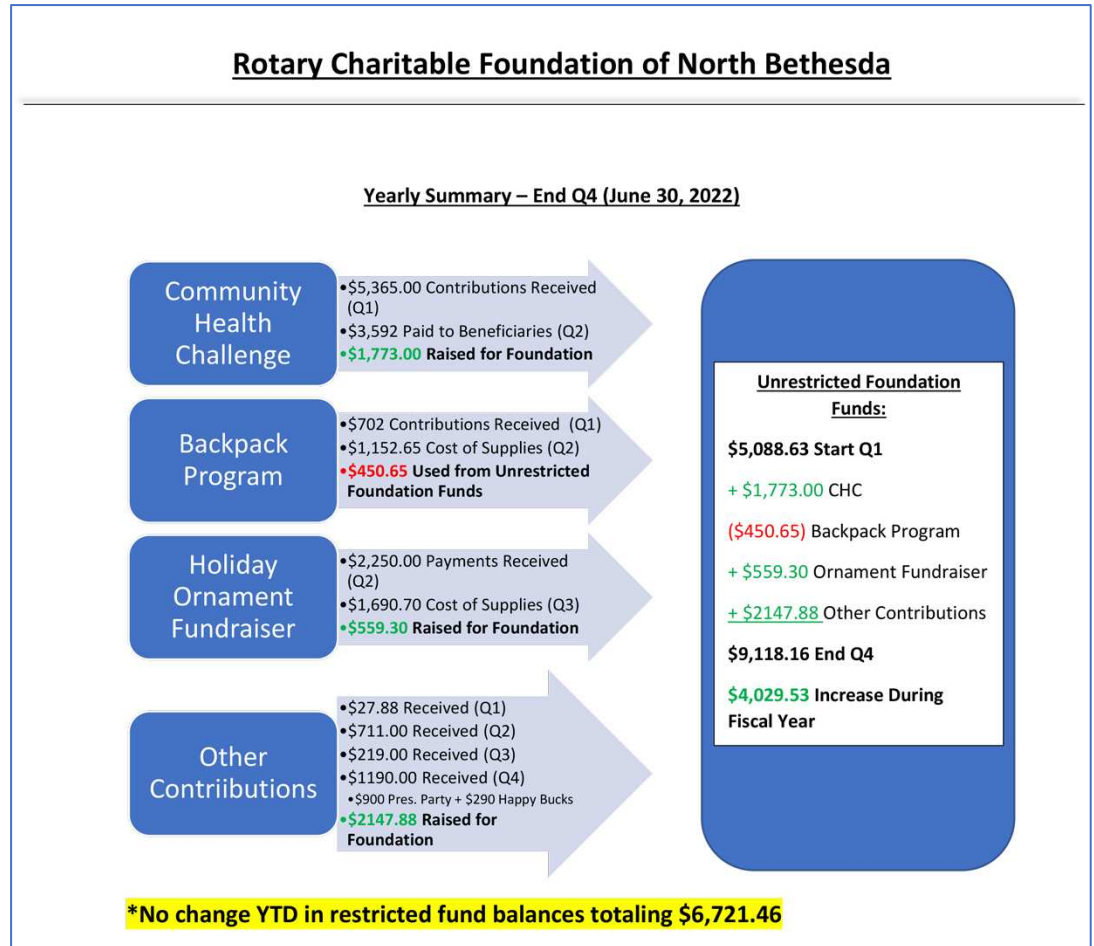
SIGN OF THE TIMES



Well, it only took Metro a few decades to recognize something our club knew in 1974...this North Bethesda thing is going to be BIG! (Photo at the North Bethesda Metro station entrance, August 22, 2022).

CLUB FOUNDATION YEAR-END REPORT

The **Rotary Charitable Foundation of North Bethesda**, our club Foundation, ended its fiscal year on June 30. The Foundation registered a significant increase in its unrestricted funds, rising from \$5,088 in June 2021 to \$9,118 at the end of June 2022. The Foundation had notable increases in contributions, including the Foundation’s share of the Community Health Challenge, the Backpack program, and the Christmas Ornament Fundraiser. A new fundraiser at the President’s Party in June also gave a boost to the balance. The Foundation’s “restricted” fund balance, mainly for scholarships, was unchanged in FY 2022, but funds have been committed to support two scholarships in the fall of this year. For more information on the Foundation’s finances, contact Carmela Carr, Foundation President, or Kevin Flynn, Foundation Treasurer.



THE ROTARY 4-WAY TEST

- Of the things we think, say, or do:
- Is it the TRUTH?**
 - Is it FAIR to all concerned?**
 - Will it build GOODWILL and BETTER FRIENDSHIPS?**
 - Will it be BENEFICIAL to all concerned?**



You can access our District Newsletter here: [The Rotary 7620 INNOVATOR](#)

ROTARY CLUB OF NORTH BETHESDA 2022-2023 OFFICERS

President	Steve Vaccarezza	
Treasurer	Joe DiPietro	
Secretary	Linda Berg-Cross	
President-Elect	John Waterston	
Club Administration Director	TBD	Chairs the Club Administration committee which is responsible for performing the logistical tasks related to club meetings.
Club Service Director	Victoria Feldman	Chairs the Service Projects committee which is responsible for planning and carrying out successful service projects which focus on Rotary's Areas of Service.
Membership Directors	Ron Sigelman Bob Sonawane	Chairs the Membership committee which is developing and implementing an action plan to attract and engage members.
Public Relations Directors	Kevin Flynn Christine Syversen	Chairs the Public Relations (PR) committee which is responsible for developing and implementing a plan to create awareness of club activities and projects among club members, media, and the community.
President, Rotary Charitable Foundation of North Bethesda	Carmela Carr	
Treasurer, Rotary Charitable Foundation of North Bethesda	Kevin Flynn	