

#### **ROTARY CLUB OF NORTH BETHESDA**

Meeting on Fridays @ 7:30 AM
Bethesda Marriott
5151 Pooks Hill Rd., Bethesda MD 20814
...and on Zoom
Contact us at *nbrotary.org May 2022* 



#### **UPCOMING MEETINGS AND EVENTS**

Date	Speaker	Topic
May 6 Marriott/Zoom	John Waterston	3-Minute Speaker
	Cheryl Kollin	Community Food Rescue
May 13 Marriott/Zoom	Paul Arveson	3-Minute Speaker
	Steve Vaccarezza	Rotary Rituals, Rules and Community
May 20 Marriott/Zoom	Carmela Carr	3-Minute Speaker
	Lilita Bergs	The Latvian Museum of Potomac
May 27 Marriott/Zoom	Kevin Flynn	3-Minute Speaker
	Clark Reed, Environment Commissioner, Rockville	Environmental Sustainability in Montgomery County

### We're now meeting at the Marriott every Friday!

All meetings are at the Bethesda Marriott and on Zoom 5151 Pooks Hill Rd., Bethesda MD 20814 7:15 AM to 7:30 AM Mix and Mingle

#### **MAY MILESTONES**

	Event	Date
Bruce Fowler	Anniversary	May 19
Marianne Ryn (Claes)	Birthday	May 20
Paul Arveson	Birthday	May 21
Paul Arveson	Anniversary	May 26
Barry Thompson	Anniversary	May 30

#### SPEAKER - May 6, 2022 (Marriott/Zoom)

# Community Food Rescue Cheryl Kollin



Cheryl Kollin is a business consultant and serves as the Program Director of Community Food Rescue (CFR), a program of Manna Food Center. Since its launch in 2015, the CFR network of 450 members has recovered and distributed 7.7 million pounds of food, the equivalent of 6.4 million meals to people experiencing hunger. Cheryl is a founding member of the Montgomery County Food Council. She earned her MBA in sustainable business.

#### SPEAKER - May 13, 2022 (Marriott/Zoom)

# Rotary Rituals, Rules and Community Steve Vaccarezza



**Stephen Vaccarezza** has been a member of Rotary since 1988, first with the White Oak Rotary Club and then with North Bethesda. He has been president twice with White Oak and once for North Bethesda, and will be again next year for North Bethesda. He is currently Treasurer of the North Bethesda Rotary Club and President-Elect for next year. Steve is a practicing physician in Montgomery County with offices on Montrose Road, where he has been for 35 years. His practice consists mostly of nephrology specialty care, though he does some primary care as well. He is married with 2 children and 2 grandkids. Steve will give us a needed refresher on how Rotary Clubs function best and give us tips to strengthen our Rotary community.

#### SPEAKER - May 20, 2022 (Marriott/Zoom)

# The Latvian Museum of Potomac Lilita Bergs



**Lilita Bergs** is the director of the Latvian Museum in Rockville MD. The all-volunteer museum, founded in 1979, is operated by the American Latvian Association in The United States, headquartered at the same facility. The exhibits focus on the history of Latvia from prehistoric times to the present and showcase traditional costumes, jewelry and folk arts. Included are video references to the history of Latvian-Americans who fled the Communist takeover in World War II.

Lilita Bergs holds an MA degree in anthropology from Syracuse University and is retired from a long career in a variety of American history museums in both curatorial and management roles. These include the Rochester Museum and Science Center and Old

Sturbridge Village. She has been involved with the Latvian Museum since its founding. She is active in a number of local and national Latvian-American organizations and preservation projects.



#### SPEAKER – May 27, 2022 (Marriott/Zoom)

#### Environmental Sustainability in Montgomery County Clark Reed, Environment Commissioner, Rockville



Clark Reed believes environmental sustainability is a critical component to our quality of life. As an Environment Commissioner in Rockville, he helped found the city's Solar Co-op in 2015 which grew to include two counties in 2021. He has worked at the U.S. Environmental Protection Agency for over 25 years in the ENERGY STAR program helping hospitals, hotels, and retail stores decarbonize by improving energy efficiency. His home is the first certified Net Zero Energy home in Montgomery County, and the eleventh one in Maryland. Clark enjoys beekeeping, gardening, running, and doing DIY projects with his wife and son.

#### **UPCOMING EVENTS: Rotary International and District 7620**



### SATURDAY, MAY 5, 2022 11:00 AM TO 12:15 PM VIA ZOOM

**Empowering Girls** is a Rotary Initiative to protect, empower, and create equity for girls. Learn about three clubs making a real difference in the lives of girls in North Carolina, Vietnam, and Ukraine.

**REGISTER NOW** 

# 2022 District Training Assembly





IMAGINE

Saturday, May 14, 2022 8:30 am to 1:00 pm via Zoom

## **SATURDAY, MAY 14, 2022** 8:30 AM - 1:00 PM VIA ZOOM

Great opportunity for club officers, committee chairs and area governors to further develop leadership skills and refine strategies to achieve their goals to Imagine Rotary

REGISTER NOW



#### OPTIONS TO PROVIDE ASSISTANCE TO UKRAINE

**Rotary Global Initiatives** D7620 Individual Rotary Club Initiatives External Organizations with Large Ukraine Assistance Initiatives

**EARN MORE** 

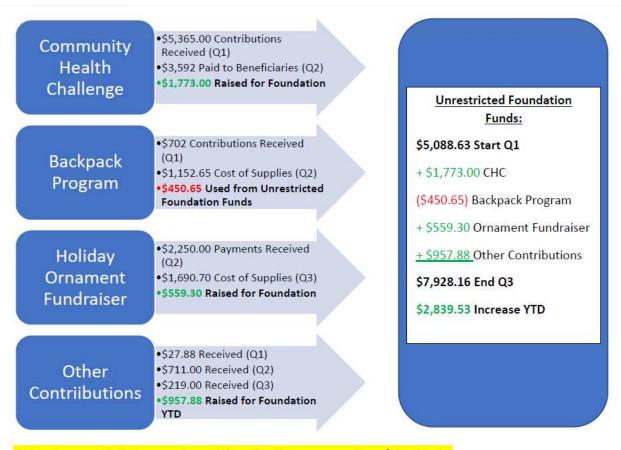


#### **CLUB FOUNDATION UPDATE**

Our Club Foundation, the **Rotary Charitable Foundation of North Bethesda**, Inc., has released its 3<sup>rd</sup> Quarter Financial Statement. The report shows that the foundation has increased its unrestricted funds balance by more than 50%, to nearly \$8,000. The foundation also has maintained its balance of restricted funds (which are designated for specific purposes such as scholarships) at approximately \$6,700. The increase is due to a number of successful fundraising projects including the Community Health Challenge, the Backpack Program, and the Holiday Ornament sales. The Community Health Challenge also was able to distribute more than \$3500 to our partners, MobileMed and Mercy Health Clinic. Thanks to everyone for their contributions and efforts!

At its April 27 meeting, the Club Board discussed a plan to revive our scholarship program using some of the restricted funds, such as the generous donation from the estate of Club Member Larry Jackson. The Board is also considering several other projects to benefit our community.

For more details or to receive a complete copy of the Financial Statement, contact RCFNB Chair Carmela Carr or Treasurer Kevin Flynn.



\*No change YTD in restricted fund balances totaling \$6,721.46



### **Rotary Themes and Speakers for 2022**

Here's a list of suggested themes for the next several months, along with club members who are coordinating speakers and presentations for our weekly meetings. If you have suggestions for upcoming speakers or would like to coordinate presentations for May or June, let us know!

May—Youth Service (Linda Berg-Cross)
June—Rotary Fellowship (Available)



ROTARY CLUB OF NORT	TH BETHESDA 2021	-2022 OFFICERS	
President	Nick Martinez		
Vice President	Carmela Carr		
Treasurer	Steve Vaccarezza		
Secretary	Linda Berg-Cross		
President-Elect	Steve Vaccarezza		
Club Administration Director	TBD	Chairs the Club Administration committee which is responsible for performing the logistical tasks related to club meetings.	
Club Service Director	Victoria Feldman	Chairs the Service Projects committee which is responsible for planning and carrying out successful service projects which focus on Rotary's Areas of Service.	
Membership Directors	Ron Sigelman Bob Sonawane	Chairs the Membership committee which is developing and implementing an action plan to attract and engage members.	
Public Relations Director	John Waterston	Chairs the Public Relations (PR) committee which is responsible for developing and implementing a plan to create awareness of club activities and projects among club members, media, and the community.	