



ROTARY CLUB OF NORTH BETHESDA

Meeting on Fridays @ 7:30 AM
Bethesda Marriott

5151 Pooks Hill Rd., Bethesda MD 20814

...and on Zoom

Contact us at nbrotary.org

April 2022



UPCOMING MEETINGS AND EVENTS

Date	Speaker	Topic
April 1 Marriott/Zoom	Claes Ryn	3-Minute Speaker
	Linda Berg-Cross, NB Rotary	Risk Factors of Cognitive Development and ADHD in Children
April 8 Marriott/Zoom	Lasse Syversen	3-Minute Speaker
	Bruce Davis	Climate Change Update (The Glasgow Conference Report)
April 15 Marriott/Zoom	Sam Goldberg	3-Minute Speaker
	Louis Campion	What's Happening in the Trucking Industry?
April 22 Marriott/Zoom	Ron Sigelman	3-Minute Speaker
	Dr. Abel Kadry	Conflicts and the Role of Mediation in Mitigating some of Their Consequences
April 29 Marriott/Zoom	Paul Arveson	3-Minute Speaker
	Bob Sonawane, NB Rotary	Chemical Exposure and Birth Defects

Starting April 1st, we'll be meeting at the Marriott every Friday!

All meetings are at the Bethesda Marriott and on Zoom

5151 Pooks Hill Rd., Bethesda MD 20814

7:15 AM to 7:30 AM Mix and Mingle

APRIL MILESTONES

	Event	Date
Jay Davies	Birthday	April 3
Joe DiPietro	Birthday	April 8
Kent Mason	Birthday	April 9
Donna Vaccarezza (Steve)	Birthday	April 12
Jo Ann Thompson (Barry)	Birthday	April 13
Victoria Feldman	Birthday	April 22
Samantha Crosby	Birthday	April 26

SPEAKER – April 1, 2022 (Marriott/Zoom)

Risk Factors of Cognitive Development and ADHD in Children

Linda Berg-Cross



Linda Berg-Cross is a Professor of Psychology at Howard University and a member of our Rotary club. She has a private practice in Potomac where she treats behavioral sleep disorders, as well as individuals, couples, and families coping with a wide range of life crises. She has published 3 professional therapy books and many peer reviewed research papers. She has a long-term interest in the relationship between diagnosis and treatment for psychological problems.

SPEAKER – April 8, 2022 (Marriott/Zoom)

Climate Change Update (The Glasgow Conference Report)

Bruce Davis



Bruce Davis is a graduate of William & Mary with a degree in physics. He was a high school science teacher early in his career. Later, he earned a JD degree at the University of Virginia and practiced law in the DC area for 40 years. Bruce has been trained by the Climate Reality Project, an organization created by Al Gore to increase public awareness that human-caused climate change is degrading our environment and inspire the worldwide action required for humanity's sustainable future.

In February 2021, Bruce gave a presentation to our club entitled "Climate Change and What You Can Do About It." This presentation will be a follow-up, focusing on the United Nations Climate Change Conference held in Glasgow, Scotland, in November 2021.

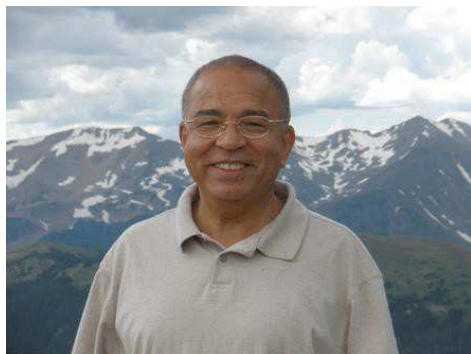
SPEAKER – April 15, 2022 (Marriott/Zoom)

What's Happening in the Trucking Industry?

Louis Campion



Louis Campion is the President & CEO of the Maryland Motor Truck Association, a 1,000 member trade association dedicated to supporting and advocating for a safe, efficient and profitable trucking industry. As MMTA's chief executive officer, he is responsible for directing the day-to-day operations of the association, and serving as the primary advocate for Maryland's trucking industry before state and local government officials.

SPEAKER – April 22, 2022 (Marriott/Zoom)**Conflicts and the Role of Mediation in Mitigating some of Their Consequences****Dr. Abel Kadry, Professor, University of Maryland, School of Public Health**

Conflicts (at work, in the family, or in the community) are associated with a variety of negative outcomes, including poor relationships, hostility, anxiety, depression, poor sleep, back pain, and migraines. According to some published reports, conflicts cost American businesses more than \$350 billion per year because of reduced work performance, low employee morale, and revenue loss. This presentation will discuss the most common causes of conflict and the role of mediation in resolving and mitigating some of the negative consequences.

Dr. Abdel-Razak Kadry is a certified lead mediator at the Federal Mediation and Conciliation Services (FMCS). He was able to successfully mediate a large number of cases. Abdel works as an Adjunct Professor at the University of Maryland's School of Public Health in College Park; MD. Abdel regards mediation as a valuable collateral duty community service. During his tenure as senior science advisor for the United States Environmental Protection Agency, he began his work as a mediator and EEO counselor several years ago.

SPEAKER – April 29, 2022 (Marriott/Zoom)**Chemical Exposure and Birth Defects****Bob Sonawane**

Club Member **Bob Sonawane** received his Ph.D. degree in Entomology with specialization in Toxicology from the University of Missouri. He was a NIH postdoctoral Fellow and served as a faculty member in the Departments of Pediatrics at the Children's Hospital of Philadelphia, the School of Medicine, and at the School of Veterinary Medicine of the University of Pennsylvania, Philadelphia, PA.

Dr. Sonawane worked as a Toxicologist with the U.S. Food and Drug Administration in Rockville, MD. He served as a toxicologist and manager at the National Center for Environmental Assessment (NCEA), Office of Research and Development of the U. S. Environmental Protection Agency. Dr. Sonawane has over 35 plus years research and management experience in toxicology and pharmacology and cancer/non-cancer health risk assessment of environmental pollutants. He is retired from the US EPA in 2016 and started consulting company along with Dr. Bruce Fowler in the areas of toxicology and health risk assessment, environmental chemicals and pharmaceuticals. Since 2017, he is an Adjunct Professor at the Georgetown University in Washington DC.

Dr Sonawane received numerous prestigious awards and honors, citations, certificates, Science and Technology Achievement and Special Act Awards for his exemplary research in toxicology and risk assessment of environmental agents.

DONATE TO ROTARY FOUNDATION DISASTER FUND FOR UKRAINE

In response to the deepening humanitarian crisis caused by the war in Ukraine, The Rotary Foundation has created an official channel for donors around the world to contribute funds to support the relief efforts underway by Rotary districts and has designated its [Disaster Response Fund](#) as the main avenue for contributions. The fund has already collected more than \$5.6 million in contributions through the end of March. These funds are being distributed to Rotary districts that apply for Disaster Response grants and will be used to provide relief to refugees or other victims of the crisis, including items such as water, food, shelter, medicine, and clothing.

To donate, click on the blue link above.



Click [Here for a short video](#) from Laurie Menzel, Mid-Atlantic representative of the Rotary Foundation, for your overwhelming response to the Rotary Foundation Disaster Fund for Ukraine.

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Laurie Menzel, CFRE, MNM
Major Gifts Officer, Zone 33 | Mid-Atlantic
The Rotary Foundation
Locally Based in Alexandria, Virginia
Tel. 1.847.425.5601
The Rotary Foundation- 14 consecutive years of [Four Star ratings by Charity Navigator](#)

UPCOMING EVENTS: Rotary District 7620

Save the Date!

2022 Rotary District 7620 Conference
Let's celebrate a year dedicated to service

- Engaging Speakers
- Interactive Breakout Sessions
- Classical and Bollywood
- 4 Way Test Speech Contest
- Indian Dance
- Illusionist Performance
- Explore Old Ellicott City
- Free Babysitting

Register for your hotel room now by calling 410-465-1500
Request our Rotary Conference rate by using code 28A293
1st 200 Registrants receive a custom made, hand-painted gift from India

2022 Rotary District 7620 Conference
Turf Valley Resort - 2700 Turf Valley Rd. Ellicott City, MD
April 29 - May 1, 2022

THE ROTARY 4-WAY TEST

Of the things we think, say, or do:

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOODWILL and BETTER FRIENDSHIPS?

Will it be BENEFICIAL to all concerned?

District 7620's Four Way Test Speech Contest

From the earliest days, Rotary has been concerned with promoting high ethical standards. One of the world's most widely quoted statements is Rotary's 4-Way Test, which was created in 1932 by Rotarian Herbert J. Taylor. Every year Rotary District 7620, along with Rotary districts around the world, sponsors high school 4-Way Test speech contests. The purpose of the speech is to persuade others while applying the principles of the Rotary 4-Way Test. The goal is for students to make the world a better place, to practice the virtues of critical thinking and ethical decision making, to develop public speaking and leadership skills to positively influence and inspire others regarding an issue that they find passionate.

Our district's 4-Way Test Speech competition is always a huge success. With your help, we expect it will be a success again this year. Some students will need mentors to help choose a speech topic, write their speech, and will need help learning to orate their speech.

WILL YOU BE A STUDENT MENTOR? (You will be assigned a student ASAP and will support this student through each phase of the competition that will culminate on April 30th, if your student competes in the finals).

To learn more, go to: [2022 4-Way Test Speech Competition and](#) complete the 4-Way Test Mentor Registration. Please contact Temrah, at okonskitg@verizon.net or at 240-426-3404, with any questions. Thank you for your consideration!

<https://rotary7620.org/four-way-test-speech-contest/>

Rotary Themes and Speakers for 2022

Here's a list of suggested themes for the next several months, along with club members who are coordinating speakers and presentations for our weekly meetings. If you have suggestions for upcoming speakers or would like to coordinate presentations for May or June, let us know!

April—**Maternal and Child Health** (Bob Sonawane)

May—**Youth Service** (Linda Berg-Cross)

June—**Rotary Fellowship** (Available)



SERVE TO CHANGE LIVES

ROTARY CLUB OF NORTH BETHESDA 2021-2022 OFFICERS

President	Nick Martinez	
Vice President	Carmela Carr	
Treasurer	Steve Vaccarezza	
Secretary	Linda Berg-Cross	
President-Elect	Steve Vaccarezza	
Club Administration Director	TBD	Chairs the Club Administration committee which is responsible for performing the logistical tasks related to club meetings.
Club Service Director	Victoria Feldman	Chairs the Service Projects committee which is responsible for planning and carrying out successful service projects which focus on Rotary's Areas of Service.
Membership Directors	Ron Sigelman Bob Sonawane	Chairs the Membership committee which is developing and implementing an action plan to attract and engage members.
Public Relations Director	John Waterston	Chairs the Public Relations (PR) committee which is responsible for developing and implementing a plan to create awareness of club activities and projects among club members, media, and the community.