



## ROTARY CLUB OF NORTH BETHESDA

Currently meeting via Zoom  
 Fridays @ 7:30 AM  
 7:15 AM to 7:30 AM Mix and Mingle  
 Contact us at [nbrotary.org](http://nbrotary.org)  
**June 2021**



### UPCOMING MEETINGS AND EVENTS

Date	Speaker	Topic
June 4	Bob Sonowane	3-Minute Speaker
	John F. Ross	On the Front Lines of Food Insecurity in Montgomery County: How Nourishing Bethesda Feeds 1,400 Every Week
June 11	Sultan Chowdhury	3-Minute Speaker
	Claes Ryn	The Ethics of American Constitutionalism
June 18	Linda Berg-Cross	3-Minute Speaker
	NB Rotary Club Members	Tribute to Carla Satinsky
June 25	Dan Moore	3-Minute Speaker
	Carmela Carr	Induction of NB Rotary Club Officers for 2021-2022

### JUNE MILESTONES

	Event	Date
Claes Ryn	Birthday	June 12
Meena Sonowane (Bob)	Birthday	June 17
Callie Tousimis (Tas)	Birthday	June 20
Dan Moore	Anniversary	June 21
Melissa Richards	Anniversary	June 22
Melissa Richards	Birthday	June 23
Lasse Syversen	Birthday	June 27
Jay Davies	Anniversary	June 30
Steve Vaccarezza	Anniversary	June 30

## SPEAKER – June 4, 2021

**On the Front Lines of Food Insecurity in Montgomery County: How Nourishing Bethesda Feeds 1,400 Every Week**

John F. Ross, Director, Nourishing Bethesda



During the midst of the COVID pandemic in the summer of 2020, concerned parishioners at Bethesda's St. John's Norwood Episcopal Church met with Montgomery County Council member Andrew Friedson concerning poverty in our community. The church members determined that joining forces with private, public, service, and faith communities would be the most effective means to address food insecurity. As a result, the **Nourishing Bethesda** coalition (NB) was born. NB launched its first initiative on August 14, 2020 with its highly successful family food distribution. Since then, every Friday afternoon, coalition members distribute healthy produce and shelf-stable groceries to nearly 330 households at the B-CC Rescue Squad. Fifty volunteers from the community pack, transport, and distribute food packages every week.

**John F. Ross**, Director of Nourishing Bethesda, is an accomplished writer, editor, and explorer. His most recent book is *Enduring Courage: Ace Pilot Eddie Rickenbacker and the Dawn of the Age of Speed*, a narrative non-fiction book for St. Martin's Press. He has appeared on more than 50 radio and television programs, keynoted a dozen conferences around the country, and given talks at the Explorers Club of New York, NASA's Ames Research Center, the Pritzker Military Library, and the Smithsonian Institution.

He has helped start and run two magazines, been a producer for CBS News' Face the Nation, and edited many large-format books for Smithsonian Institution Press.

### **Instructions for the Nourishing Bethesda Drive-Through Family Food Distribution**



**Distribution occurs every Friday from 1-3 pm while supplies last at the following address:**

*Bethesda Chevy-Chase Rescue Squad (at the corner of Old Georgetown Road and Battery Lane), 5020 Battery Lane, Bethesda, MD 20814*

Please enter from the Battery Lane entrance and remain in your vehicles to receive groceries. Walk ups are welcome! Available Items: Fresh produce, Shelf stable food items, Bread, Cereal, Eggs, Add-ons such as Butter, Chicken and Holiday Treats as available.

## NBRC CONTINUES TO HELP NOURISH BETHESDA

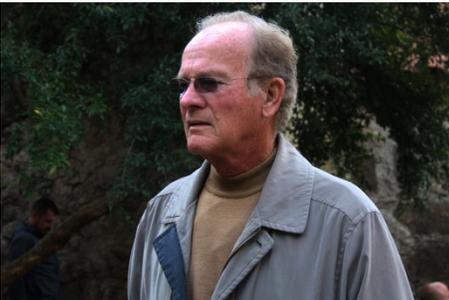


North Bethesda Rotarians are continuing to participate in the “Nourishing Bethesda” family food distribution effort organized by the St. John’s Norwood Episcopal Church in Bethesda. Our team continued to help move the food bags from St. John’s Church to the distribution site at the B-CC Rescue Squad station on Old Georgetown Road. Pictured are team leader Dan Moore (red hat), Kevin Flynn (stylish fedora), and Rob Follit (Rotary ball cap) on a very cold Friday morning. We hope to continue our contribution with a transportation team once a month. **The next Nourishing Bethesda event for North Bethesda Rotarians is scheduled for Friday, June 4th. To join the effort, contact Dan Moore at [danielmoore128@gmail.com](mailto:danielmoore128@gmail.com).**

## SPEAKER – June 11, 2021

## The Ethics of American Constitutionalism

Claes Ryn



**Claes G. Ryn** is the Founding Director of the Center for the Study of Statesmanship at the Catholic University of America (C.U.A.), where he has also been Professor of Politics. He was Chair of his department for six years. He has taught also at Georgetown University, the University of Virginia, and Louisiana State University. He was a doctoral and undergraduate student at Uppsala University in his native Sweden. His teaching and research have combined study of ethics, culture, epistemology, and the history of Western political thought with study of American political thought, U.S. foreign policy, and international relations.

His many books include *America the Virtuous: The Crisis of Democracy and the Quest for Empire*; *A Common Human Ground: Universality and Particularity in a Multicultural Age*; *Democracy and the Ethical Life: A Philosophy of Politics and Community*; and the novel *A Desperate Man*, a moral-political drama. Claes received the C.U.A. Provost’s award for distinguished Achievement in Research. The C.U.A. Graduate Students Association named him Outstanding Graduate Professor. He is Editor of the scholarly journal *Humanitas*. Ryn was Chairman and co-founder of the National Humanities Institute, President of the Academy of Philosophy and Letters, and President of the Philadelphia Society. He has lectured widely in the United States, Europe, and Asia, especially China. A frequent visitor to China, he gave the Distinguished Foreign Scholar Lectures at Peking University in 2000. These lectures were published as a book in Chinese translation by Peking University Press in 2001. In 2012 he was named Honorary Professor at Beijing Normal University. Three of his books and many of his articles have been published in China in Chinese translation. He is an Honorary Member of Sweden’s oldest and largest student association, Heimdal, at Uppsala University.

## SPEAKER – June 18, 2021

Tribute to Carla Satinsky  
NB Rotary Club Members

*The Rotary Club of North Bethesda*

*Fondly Remembers*

***Carla Satinsky***

*Long-time member and twice President of our Club, mentor to new members,  
gracious host to her fellow Rotarians, inspiration for our Club's  
Teacher of the Year award, and dedicated supporter of the Rotary Foundation.*



Carla Satinsky was born in Philadelphia on January 15, 1940, and passed away at her home in Potomac on March 25, 2021. She graduated from the University of Pennsylvania, married her husband David, and then spent two years teaching 8th grade English before switching fields to become a children's librarian. Carla then began the absorbing and fulfilling career of raising four children, Andrew, Stephen, Deborah and Adam. After moving to Washington, she became an active and prominent member of Rotary. Besides twice being President of our club, Carla was President of the Montgomery County League of Women Voters; board member of the Friends of the Library; vice chair of Democratic Precinct Officials for 25 years; recipient of the Potomac Chamber of Commerce "Citizen of the Year" award in 2006; recipient of the Lavinia Engel Award from the League of Women Voters in 2005; member of the Community Review Board for Aging and Disability Services; board member of CCI Health and Wellness, from which she received the Service Award; board member of the Mental Health Association, where she helped establish "Voices vs Violence" and received the Shining Star Award; Executive Committee member of United Way of the National Capital Area and chair of the Montgomery County Branch; President of the local Rotary Club; Board of Directors of Leadership Montgomery; and President of the Learning Disabilities Association of Montgomery County. She spent thirty-five years producing a weekly news show for cable television called "Montgomery Week in Review," for which she was inducted into the MCM Hall of Fame.

**Request for Volunteers: Carla Satinsky Archives at Montgomery County Historical Society**

The North Bethesda Rotary Club is seeking volunteers to help us create the **Carla Satinsky Archives** at the Montgomery County Historical Society in collaboration with Montgomery County Media. For 31 years, Carla, a long time Rotarian and twice President of NBRC, produced the Montgomery Week in Review, broadcasting over 1000 shows and interviewing nearly everyone who has helped shape our County. Volunteers will be trained to record the information the Historical Society librarian needs for cataloging. The job can be done at home, on the internet. We are asking each Rotarian volunteer to commit to 8 weeks, doing 2-3 hours of video watching and documentation each week. It is a wonderful trip down memory lane and a lasting contribution to our County and to a great Rotarian. If you are able to volunteer, please email [lindabergcross@gmail.com](mailto:lindabergcross@gmail.com). We need about 30 volunteers to cover all the shows in a reasonable time frame. Feel free to pass this along to friends and partners who are non-Rotarians but may be interested in this volunteer experience.

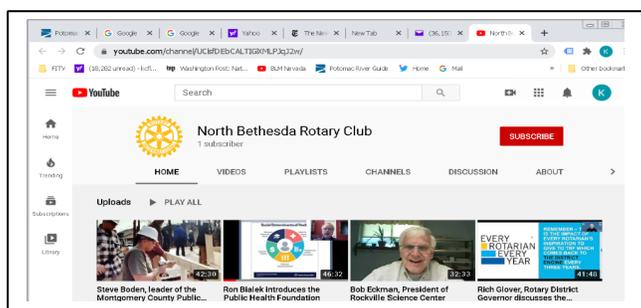
**SPEAKER – June 25, 2021**

**Induction of Club Officers for 2021-2022  
Carmela Carr, President, North Bethesda Rotary Club**

On June 25, we'll be inducting our officers and board members for 2021-22 (see listing below). The Board thanks the nominating committee -- Lasse, Ron, and Steve – for all their hard work.

<b>President</b>	Nick Martinez	
<b>Vice President</b>	Carmela Carr	
<b>Treasurer</b>	Steve Vaccarezza	
<b>Secretary</b>	Linda Berg-Cross	
<b>President-Elect</b>	Steve Vaccarezza	
<b>Club Administration Director</b>	TBD	Chairs the Club Administration committee which is responsible for performing the logistical tasks related to club meetings.
<b>Club Service Director</b>	Victoria Feldman	Chairs the Service Projects committee which is responsible for planning and carrying out successful service projects which focus on Rotary's Areas of Service.
<b>Membership Directors</b>	Ron Sigelman/Bob Sonawane	Chairs the Membership committee which is developing and implementing an action plan to attract and engage members.
<b>Public Relations Director</b>	John Waterston	Chairs the Public Relations (PR) committee which is responsible for developing and implementing a plan to create awareness of club activities and projects among club members, media, and the community.

**CHECK OUT OUR PRESENTATIONS ON YOUTUBE!**



Thanks to the efforts of club member Paul Arveson, our weekly Zoom presentations are now being recorded and posted on YouTube! The latest videos currently posted include presentations from our speakers on **the impact of adverse childhood events, a history of kites, and shipping in a pandemic age**. Paul set up a YouTube channel for NBRC at [this web link](#). The presentations will also be posted on our club website, <https://www.nbrotaary.org>.

## NOTES FROM THE 2020-2021 BOARD

*Time to get involved in a Club Committee! Contact the Committee Chair to volunteer.*

COMMITTEE	COMMITTEE RESPONSIBILITIES:	CHAIR
Club Member Outreach	Outreach to Club members	Linda Berg-Cross
Club Service	Plan and implement community services activities.	Dan Moore
Membership	Develop and implement the Club's Membership Plan	Bob Sonawane
Public Relations	Develop and implement the Club's Public Relations Plan	John Waterston

## ROTARY INTERNATIONAL NEWS

## Registration Open for 2021 Virtual Convention



Registration is open! Don't miss your chance to connect with Rotary members at the [2021 Virtual Convention: Rotary Opens Opportunities](#) which will take place from June 12 through 16, 2021. The registration fee is \$65.

You can also join us early at a pre-convention, June 10-11, for Intercountry Committees, Rotaract, and Rotary Youth Exchange officers. Each pre-convention will cost an additional \$20.

The 2021 Virtual Rotary Convention and pre-conventions are open to all Rotary members and participants and include access to the virtual House of Friendship. Don't forget to visit the [convention event page](#) on Facebook to connect with others and stay up-to-date on event news and program highlights! [Register today and save!](#)

[REGISTER TODAY](#)

## ROTARY CLUB OF NORTH BETHESDA 2020-2021 OFFICERS

**President:** Carmela Carr

**President Elect:** Nick Martinez

**Vice President:** Nick Martinez

**Secretary:** Linda Berg-Cross

**Treasurer:** Steve Vaccarezza

**Club Administration Director:** Carmela Carr (Interim)

**Club Service Director:** Dan Moore

**Public Relations Director:** John Waterston

**Membership Director:** Bob Sonawane